HDL DIRECT CHOLESTEROL


02R06-31 / 02R06-21 Ref Number Products are Produced Specifically for Abbott Architect Chemistry Analyzer Series.
Note: REF 02R06-21 is not available in Poland.

INTENDED USE

The test is used for quantitative determination of HDL cholesterol concentration in human serum.

Lipoproteins are composed of a number of heterogeneous particles, including cholesterol and vary with respect to size and content of lipid and apolipoprotein. High-density lipoproteins serve to remove cholesterol from the peripheral cells to the liver, where the cholesterol is converted to bile acids and excreted into the intestine.

An inverse relationship between HDL-cholesterol (HDL-C) levels in serum and the incidence/prevalence of coronary heart disease (CHD) has been demonstrated in a number of epidemiological studies. The importance of HDL-C as a risk factor for CHD is now recognized.1

Accurate measurement of HDL-C is of vital importance when assessing patient risk from CHD. In this diagnostic test kit a method for direct measurement of HDL-C, without sample pretreatment, is presented. Direct measurement gives improved accuracy and reproducibility when compared to precipitation methods.

TEST PRINCIPLE

After adding of magnesium ions, dextran sulfate selectively forms water-soluble complexes with LDL, VLDL and chylomicrons which are resistant to PEG-modified enzymes.

The cholesterol amount of HDL-Cholesterol can be tested enzymatically by cholesterol esterase and cholesterol oxidase coupled with PEG to the amino groups. This is around 40%. Cholesterol esters are broken down quantitatively into free cholesterol and fatty acids by cholesterol esterase.

HDL-C in human serum is resolved with special detergent, and makes color reactions with Cholesterol esterase (CEH), Cholesterol oxidase (CHOD), Peroxidase (POD). Because Non-HDL-

Lipoproteins such as chylomicron (CM), low density lipoprotein (LDL), very low density lipoprotein (VLDL) are inhibited by detergents on their surface, the cholesterol in them do not react with the enzyme. The remaining HDL Direct Cholesterol is determined by color intensity over tender reaction.

TEST PARAMETERS

Method : Colorimetric, End Point Reaction
Wavelength : Main: 604 – 700 nm
Temperature : 37°C
Sample : Serum
Linearity : 3 mg/dL - 200 mg/dL

REAGENT COMPOSITION

Reagent 1:
Components | Concentration
---|---
Dextran Sulfate | ≤ 10 g/dL
Magnesium Chloride Hexahydrate | ≤ 5 g/dL
Preservative | ≤ 10 g/dL
Brij 35 | ≤ 10 g/dL

Reagent 2:
Components | Concentration
---|---
Detergent | ≤ 2 %
PEG - Cholesterol Esterase | ≤ 5 KU/L
PEG - Cholesterol Oxidase | ≤ 5 KU/L
4 AAP | ≤ 1 g/dL
Peroxidase | ≤ 8000 U/L

REAGENT STABILITY AND STORAGE

Store at 2-8°C.
Reagents are stable until the expiry date stated on the label when stored in closed vials and avoiding contamination during their usage.

On board stability:
Once opened vials are stable 30 days at 2-8°C at optimum conditions. There is a strong relation between on board stability and auto analyzer’s cooling specification and carry-over values.

Indications of deterioration:
Reagent blank OD values ≥ 0.3.

Rev: V3.2 (For Tr) Date: 11.16
SAMPLE
Fresh Serum on an empty stomach is the recommended specimen.\textsuperscript{21} Samples are collected by standard procedures.

Note: Separate the serum as soon as possible after collection (within 3 hours). Store serum no more than 12 hours at room temperature, no more than 7 days at 2-8 °C. HDL in sample is stable for 30 days at – 70 °C.\textsuperscript{7, 8}

PROCEDURE

Materials Provided
- HDL Direct Cholesterol, REF 02R06-31 or REF 02R06-21

Materials Required but not Provided
- Archem Lipids (HDL-LDL) Calibrator
  REF: 01R95-01

REFERENCE INTERVALS (NORMAL VALUES) \textsuperscript{6, 12}

<table>
<thead>
<tr>
<th>Adult Males</th>
<th>: &lt;35 mg/dL (0.90 mmol/L) High Risk</th>
<th>&gt;55 mg/dL (1.45mmol/L) No Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Females</td>
<td>: &lt;45 mg/dL (1.15 mmol/L) High Risk</td>
<td>&gt;65 mg/dL (1.68mmol/L) No Risk</td>
</tr>
</tbody>
</table>

Each laboratory should investigate the transferability of the expected values to its own population and if necessary determine its own reference ranges.

National Cholesterol Education Program (NCEP) guidelines:\textsuperscript{5}

<40 mg/dL: Low HDL (major risk factor for CHD)
≥60 mg/dL: High HDL ("negative" risk factor for CHD)\textsuperscript{12, 13, 14}

HDL-cholesterol is affected by a number of factors, e.g. smoking, exercises, hormones, sex and age.

QUALITY CONTROL
Commercially available control material with established values determined by this method may be used.

Quality control is recommended every day
Each laboratory should establish its own internal Quality Control scheme and procedures for corrective action if controls do not recover within the acceptable tolerances.

CALIBRATION
Calibrator:
- Lipids HDL/LDL Calibrator (Standard) REF: 01R95-01

Calibration Stability: Calibration stability is 30 days in ARCHITECT c Systems.

Rev: V3.2 (For Tr) Date: 11.16

Calibration is not recommended if QC control values are acceptable. Reagent should be calibrated after lot changes.

PERFORMANCE CHARACTERISTICS

Low Linearity (LOQ) (Values are based on CV% ≤ 20%): 3 mg/dL HDL Cholesterol.

High Linearity: The test is linear up to 200 mg/dL.

Precision Studies (Based on CLSI EP05A3):

Repeatability (within run) (Intra-assay):

<table>
<thead>
<tr>
<th>Mean conc.</th>
<th>SD</th>
<th>CV</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>30.3 mg/dL</td>
<td>0.33</td>
<td>1.1%</td>
<td>20</td>
</tr>
<tr>
<td>58.1 mg/dL</td>
<td>0.70</td>
<td>1.2%</td>
<td>20</td>
</tr>
</tbody>
</table>

Reproducibility (day to day) (Inter-assay):

<table>
<thead>
<tr>
<th>Mean conc.</th>
<th>SD</th>
<th>CV</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>38.1 mg/dL</td>
<td>2.08</td>
<td>5.46%</td>
<td>80</td>
</tr>
<tr>
<td>55.0 mg/dL</td>
<td>3.07</td>
<td>5.58%</td>
<td>80</td>
</tr>
</tbody>
</table>

Correlation: Correlation with reference reagent is: r=0.991 (Between 19 mg/dL to 139 mg/dL)
According to Passing-Bablok Fit:
- Slope: 0.961
- Intercept: 1.01

Sensitivity (LOD): 2.7 mg/dL.

Interferences: \textsuperscript{1, 9, 10}
The acceptable interference limit is set 10% below the highest interferent concentration that is within ±10% recovery of the target.

Hemoglobin up to 12.6 g/L, bilirubin up to 40.5 mg/dL, lipemia (Triglycerides) up to 2250 mg/dL do not interfere. Other drugs and substances may interfere.
Significant interference may be observed with hemolyzed samples. Reference observed results in the table below. \textsuperscript{10, 11}

<table>
<thead>
<tr>
<th>Interferent and Concentration</th>
<th>HDL Direct Cho. Target (mg/dL)</th>
<th>N</th>
<th>Observed Recovery %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bilirubin Total 45 mg/dL</td>
<td>27.5</td>
<td>3</td>
<td>105</td>
</tr>
<tr>
<td>Bilirubin Total 60 mg/dL</td>
<td>46.3</td>
<td>3</td>
<td>103</td>
</tr>
<tr>
<td>Triglyceride 3671 mg/dL</td>
<td>26.5</td>
<td>3</td>
<td>102</td>
</tr>
<tr>
<td>Triglyceride 2500 mg/dL</td>
<td>41.9</td>
<td>3</td>
<td>98</td>
</tr>
<tr>
<td>Hemoglobin 14 g/L</td>
<td>25.8</td>
<td>3</td>
<td>91</td>
</tr>
<tr>
<td>Hemoglobin 30 g/L</td>
<td>38.7</td>
<td>3</td>
<td>101</td>
</tr>
</tbody>
</table>

The effect of interfering substances has only been evaluated for those listed in this labeling.
An analyzer has been used to obtain these

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performance characteristics. Usage of different analyzer or a manual procedure may cause the variance in results.

NOTES
1. For in vitro diagnostic use only. Do not pipette by mouth. Avoid contact with skin and mucous membranes.
2. All the calibrators, controls and some reagents must be considered as human & animal sample, so potentially infectious; all the protection actions must be applied to avoid any potential biological risk.
3. Material safety data sheet will be supplied on request.
4. Exercise the normal precautions required for handling laboratory reagents.
5. Caps of the reagents bottles cannot be used between two different kind of reagent and between R1&R2.
6. Reagents with different lot numbers should not be interchanged or mixed.
7. The reagents contain sodium azide (< 0.1%) as a preservative.

PRECAUTIONS AND WASTE DISPOSAL
This product is made to be used in professional laboratories and by professional operators. Perform the test according to the general GLP guidelines.
R32: Contact with acids liberates very toxic gas.
EUH032: Contact with acids liberates very toxic gas.
H300: Fatal if swallowed
H400: Very toxic to aquatic life
H410: Very toxic to aquatic life with long lasting effects.
Refer to special instructions/safety data sheets. Please consult local regulations for a correct waste disposal.

ABBREVIATIONS
CLSI : Clinical and Laboratory Standards Institute
CV% : Coefficient of Variation Percentage
EP : Evaluation Protocols
GLP : Good Laboratory Practice
IU : International Unit
mL : milliliter
QC : Quality Control
NCEP : National Cholesterol Education Progra
mg : milligram
L : liter
g : gram
dl : deciliter

REFERENCES
2. Expected Values Handbook of Laboratory Medicine, Li-hua Zhu 1998
7. Stability study of 81 analytes in human whole blood, in serum and in plasma Christiane Oddoove , Elise Lombard, Henri Portugal Clinical Laboratory, Department of Clinical Biology, CHU Timone, Marseille, France.
### SYMBOLS

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>IVD</td>
<td>In Vitro Diagnostic Medical Device</td>
</tr>
<tr>
<td>LOT</td>
<td>Lot number</td>
</tr>
<tr>
<td>R1</td>
<td>Reagent 1</td>
</tr>
<tr>
<td>R2</td>
<td>Reagent 2</td>
</tr>
<tr>
<td>GTIN</td>
<td>Global Trade Item Number</td>
</tr>
<tr>
<td>REF</td>
<td>Reference Number</td>
</tr>
<tr>
<td>GLP</td>
<td>Good Laboratory Practices</td>
</tr>
<tr>
<td></td>
<td>Identifies products to be used together</td>
</tr>
</tbody>
</table>

### PRODUCT OF TURKEY

*Manufacturer*

*Expiration date*

*Temperature limitation*

*Consult instructions for use*

*Caution*

*Sufficient for*